



GRACE IN THE EVERYDAY



Finding God's Hand in
Motherhood and Marriage

By Familia De Fe



about us

Hey Familia! Before we dive into this ebook on finding God's grace in motherhood and marriage, I'd love to introduce myself.

I'm Liliana Pusic, a Christian wife to my dear husband John and mother to our two teenagers, Jani and Alina. Together, we are Familia De Fe - Family of Faith!

Our family started this community to encourage fellow believers in their walk with God as parents and spouses. What began as just the four of us has blossomed into a wider familia of people we now call family too!

You can connect with us online:

Instagram: [@familia_de_fe](https://www.instagram.com/familia_de_fe)

Facebook: [FamiliaDeFeCommunity](https://www.facebook.com/FamiliaDeFeCommunity)

Website: www.heyfamiliadefe.com

There, we share our faith, family life, and desire to equip families spiritually.

In this book, I get vulnerable and share personal stories about seeking God's grace amid the joys and challenges of motherhood and marriage. I pray you'll find encouragement, perspective, and practical ways to uncover God's grace in your everyday routines and relationships.

As a busy mom of teens, I understand how chaotic yet precious these years are. I pray that this book helps you cherish the fleeting moments of raising a family while deepening your faith along the journey.

Well, familia, thank you for joining me! Now, let's explore how we can live in God's abundant grace as parents and spouses.

xoxo lili

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start here introduction

My kids are teenagers now, but I remember the days of being a busy mom of two young kids (18 months apart), juggling work, a household, my marriage, and my faith; I often felt overwhelmed and impatient. The constant demands of motherhood would leave me depleted, struggling to see God's hand in the mundane moments of spilled milk and tantrums.

But over time, I've learned to open my eyes to the small graces woven into my messy, noisy days. In the tears and laughter of my children, the gentle squeeze of my husband's hand, and yes - even in the endless piles of laundry - I've found God's presence and comfort when I intentionally seek it.

In this book, I want to share how you can uncover the hidden graces in motherhood and marriage. How can we better recognize God's fingerprints of love and guidance all around us, even in our most ordinary routines and relationships? I pray that through stories and spiritual practices, you'll develop new eyes to see God's grace at work in your everyday life as a wife and mom.

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." - Galatians 6:9

grace in the mundane

As moms, so much of our day is consumed with mundane chores - preparing meals, changing diapers, shuttling kids to activities, and scrubbing grubby little fingerprints off the walls. It's easy to feel like we're stuck on a treadmill of to-do lists, losing sight of meaning and purpose in the daily grind.

But what if we view these ordinary tasks as opportunities to serve our families? The piles of dishes reflect the nourishment you provide. The baskets of laundry speak to the care and comfort you bring. Even scrubbing the bathroom mirror can be a meditative act - clearing space to see God's reflection in our own.

It was a busy Saturday morning and my to-do list was a mile long - piles of laundry to fold, floors needing vacuumed, bathrooms to scrub, and endless dirty dishes from last night's movie snacking. As I looked at the mess and thought of the hours of work ahead, I felt overwhelmed and impatient, focusing only on the drudgery of chores.

But as I started folding the first pile of warm clothes fresh from the dryer, I was reminded of my family - the soccer uniforms, the dance dresses, little socks. I said a quick prayer of gratitude for these little blessings.

When I swept the floors, I pictured my kids giggling as they watched movies together the night before. The crumbs were evidence of precious memories made.

In the mundane moments, God opened my eyes to glimpse the grace woven into the ordinary. I found joy in simple tasks by connecting them to the greater blessings they represented. My family, my purpose, my gifts used well - all were holy ground.

Shifting our lens to look for God's hand in the routine opens our eyes each day to new graces and blessings woven into the feeding, cleaning, and nurturing of our families. Though the piles of cups and socks often feel never-ending, embracing this service mindset helps us experience the mundane as meaningful. Pausing to give thanks for the privilege of caring for our loved ones transforms chore time into grace time. By changing our perspective on the

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters."

~Colossians 3:23

REFLECTION:

- What mundane tasks feel draining or purposeless to me lately? How can I find gratitude in them?
- When have I experienced joy and meaning in ordinary moments as a mother?

APPLICATION:

- Try praying before tackling an unpleasant chore, asking God to work through you
- Add worship music to bring a spirit of praise into household tasks
- Share "grace moments" with other moms to encourage one another

grace in marriage

The vows said, "For better or worse." Yet nothing quite prepares you for the ups and downs marriage brings - especially amid the exhaustion and pressures of parenting. Even the strongest bond gets tested.

My husband lost his job a few years ago, which sent our family into a tailspin. Being stuck at home together and the uncertainty of our future heightened our stress levels and shortened our fuses. Minor annoyances led to blow-ups as we lost the ability to communicate with patience and compassion. In time, we acknowledged that the external stress and distractions were causing this divide between us. We apologized and promised to walk through this trial together, trusting God to use it for good. His grace got us through as we tapped into our faith.

Eventually, we packed up our house and moved abroad, away from the rat race, and started a new. This upheaval brought us closer, deepening our marriage and family ties. Though initially challenging, looking back, I can see how God used that tough season to strengthen our relationship and draw us nearer to Him as we relied on His grace. Our family grew so much through that experience.

2 Corinthians 12:9 promises: "My grace is sufficient for you, for my power is made perfect in weakness." God's strength shines through most brightly when we feel most frazzled or fragile.

When we are just about ready to give up - on a difficult season of marriage, a tough parenting day, or even on ourselves - God's gentle grace comes flooding in. We simply need to ask and open our hearts.

"Be completely humble and gentle: be patient, bearing with one another in love." Ephesians 4:2

REFLECTION:

- In what ways could my marriage benefit from more grace and forgiveness lately?
- How can I better exemplify God's love through my actions toward my spouse?

APPLICATION:

- Schedule regular date nights to reconnect and practice open communication
- Initiate thoughtful gestures like writing a card or making their favorite meal after a disagreement
- Pray together for your marriage and family relationships

grace in motherhood

Few things evoke worry and anxiety, like parenting. Am I messing this up? Focusing on the right things? It's so easy to fixate on our imperfections and doubts.

But then a little voice whispers just what we need to hear. A little hand slips into ours, and the storm subsides. My children may not realize it, but they are God's grace to me so often.

As moms, we aim to model God's grace through unconditional love and boundless patience. Yet paradoxically, through my children's openness, affection, honesty, curiosity, and forgiveness, I experience God's grace washing over me.

I remember a day long, long time ago, I was at my wit's end after a tough day juggling the kids, house responsibilities, and work. I started crying from stress. My daughter came and patted my back, handing me her favorite stuffed animal to hug. Her small comfort lifted my spirits with God's grace.

Young kids have much to teach about embodying God's grace. They welcome each new day with fresh eyes. They speak hard truths with love. And they forgive quickly from their innocent hearts. May we honor the lessons hidden within their small graces.

"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." Luke 18:16-17

REFLECTION:

- When has one of my children given me perspective or taught me something lately?
- Do I pause to see God's image in my children and notice his grace through them?

APPLICATION:

- Apologize and ask forgiveness when you lose patience with your kids
- Share devotions together to learn about God's grace as a family
- Value your children's contributions, creativity, and ideas

recognizing God's grace

Despite God's constant presence and active grace in our everyday lives, I find I often miss it. Distracted by my agenda, rattled when things veer off course or focused squarely on what's left undone. I neglect to recognize the holy ground beneath my teenagers' feet as they navigate new challenges or meaningful conversations with my spouse amid busy seasons.

But when I intentionally carve out space to watch for God's hand, it comes into sharper focus. I'm learning to recognize grace in real-time through prayer and gratitude.

I'm challenging myself to start a "Grace Journal" to jot down God sightings throughout my day. Writing down moments I witnessed love, joy, beauty, kindness, and protection. At the end of each week, I flip back through my journal, amazed at the tapestry of grace God wove.

I'm also inviting God into my messes through breath prayers - "Lord, grant me patience" when the kids' bickering grates on me or "Jesus, bring peace" when spousal conflict rears its head. Keeping running conversations with God helps me witness grace unfolding.

And finally, I'm trying to let thankfulness shape my days. Saying quick prayers of gratitude over my first sip of coffee, my kids' artwork on the fridge, and my husband's goodbye kiss. A heart of gratitude recognizes grace already present.

As moms and wives, God invites us to live fully in each moment - attentive to the graces woven into our routines and relationships. May we accept this invitation with open hands.

"In Him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace." Ephesians 1:7

REFLECTION:

- Do I carve out time and space to recognize God's graces, or do I rush past them?
- What spiritual practices could help me become more aware of God's presence?

APPLICATION:

- Start a gratefulness/grace journal to log daily graces and gifts
- Pray the examen at night to review where you saw God's hand that day
- Take time to pause and breathe when you feel overwhelmed, asking God to show you his grace

an invitation to grace

Through sharing these stories and spiritual practices, I hope your eyes will be opened to witness the grace in your everyday life. When we pause to gaze more attentively, we'll discover beauty, meaning, and glimpses of God's hand, even amid our most routine responsibilities and relationships.

May you increasingly find God's grace a wellspring of strength, joy, and purpose in motherhood. May you and your spouse root your marriage in God's healing grace through all seasons. May you discover that God's fingerprints of love and guidance are all over your children - in their laughter, insights, and forgiveness.

Remember, his grace is sufficient. His love is unending. We need to slow down and savor the small graces that surround us.

*"Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need."
~Hebrews 4:16*

Heavenly Father,

With gratitude, we seek your grace, wisdom, and strength in the roles of motherhood and marriage. Grant us patience and help us cherish the small, joyful moments. May our families be filled with love, joy, and faith, and may our homes be havens of peace. Guide us through difficulties with your unwavering love, and bless all families worldwide with your grace and love. In Jesus' name, we pray. Amen.

