

# NURTURING LOVE



Cultivating a Faith-Filled Home as a  
Christian Wife and Motherary

By Familia De Fe



# about us

Hey Familia! Before we dive into this ebook, I want to take this moment to introduce myself and my family. I'm Liliana Pusic, a Christian wife and mother of two. My husband John and I have been blessed with a son, Jani, and a daughter, Alina. Together, we are Familia De Fe (Family of Faith)!

Our little family started this community to encourage and inspire other families in their walk with God. What began as the four of us has grown into a wider community of believers we now lovingly call our familia too!

You can join our community on social media and the web, to connect with us:

Instagram: [@familia\\_de\\_fe](#)

Facebook: [FamiliaDeFeCommunity](#)

Website: [www.heyfamiadefe.com](#)

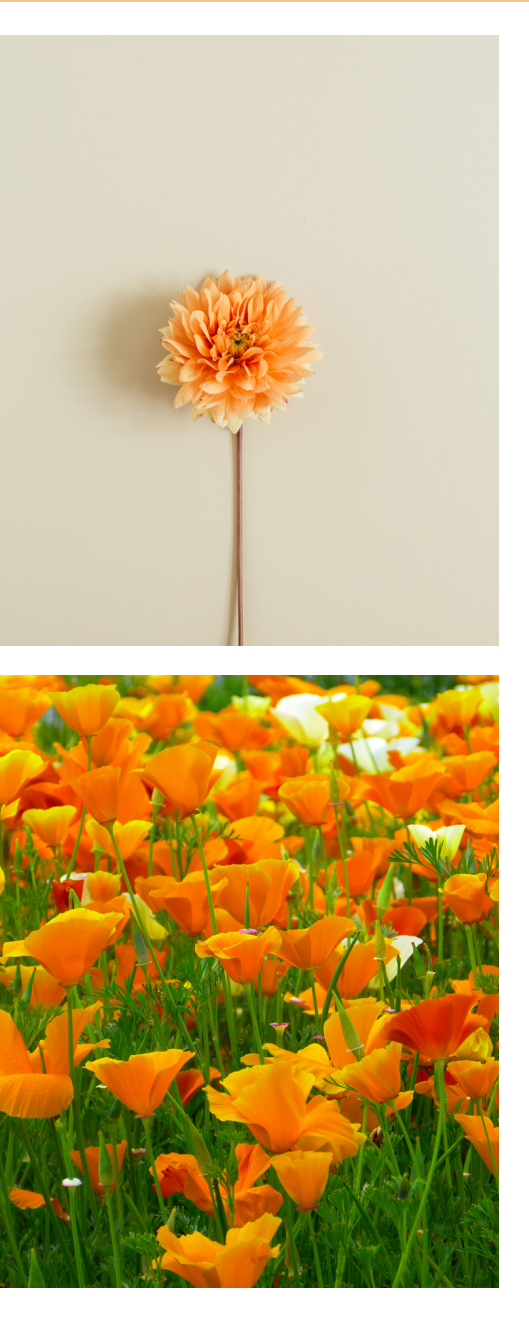
Online is where we share our faith, family life, and desire to equip families to thrive.

I wrote this ebook and pray you'll find something useful in it for your own family. My heart is to support you in cultivating a God-honoring home filled with love and spiritual vitality.

Well familia, thank you for joining us on this journey! Now, let's explore together how we can nourish faith within our homes for the glory of God.

*xoxo lili*

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# start with prayer

**The foundation of a Christian home is prayer. When we seek God first each morning, inviting Him into our homes and hearts, it sets the tone for the rest of the day. Some things that have helped me make prayer a priority include:**

01

Praying together as a couple before starting our day. Lifting up our marriage, children, and any concerns or struggles.

02

Praying over my children at bedtime for God's protection and for them to have faith-filled dreams.

*"Let the morning bring me Word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life" ~ Psalm 143:8*

03

Playing worship music in the morning to welcome God's presence.

04

Having a prayer journal where family members can write requests. Our daughter created a prayer mailbox that we use to place our prayers in.

05

Saying grace at meals, thanking God for provision and time together.

**When our home is immersed in prayer, everything else flows out of that place of communion with God. Our eyes are focused on Him rather than the stresses of daily life.**

## REFLECTION:

- What are some ways I can improve my prayer life at home?
- How can I teach my children the power and importance of prayer?
- Do I take time to listen to God and allow Him to direct my prayers?

# make serving others a priority

**As Christians, we are called to serve others and be the hands and feet of Jesus. Making service a priority in our home is a great way to instill compassion and Godly values in our children. Here are some ideas:**

01

Look for regular service projects you can do together as a family, like serving meals at a homeless shelter or visiting seniors at a nursing home.

*"Serve one another humbly in love." Galatians 5:13*

02

Model generosity by donating items you no longer need to charity. Have the kids help choose which toys to give away.

03

Take on service projects as a family during the holidays, like packing gift boxes for needy children.

04

Encourage kids to use their talents and hobbies to bless others - making cards for shut-ins, singing at a retirement home, etc.

05

Look for spontaneous opportunities to help others whenever you're out and about as a family.

06

Pray together for those you are serving and talk about why it's important to help.

07

Reflect after service projects on how it made you and your kids feel.

**By making service a hands-on family value, you teach your children to look outward rather than inward. It also fosters a spirit of gratitude and compassion in their hearts.**

#### **REFLECTION:**

- What local service opportunities could my family get involved in?
- How am I modeling servanthood to my kids?
- Are there ways my unique gifts can be used to serve others?

# make the Bible come alive

**God's Word is a light to our path, so I strive to infuse His truth and promises into our family's everyday life. Here are some suggestions:**

01

Display Bible verses decoratively around the house - on the fridge, above doorways, on bedside tables, etc. Replace them periodically.

*"I have hidden your word in my heart that I might not sin against you." Psalm 119:11*

02

Read the Bible together as a family. Discuss ways to apply it.

03

Share verses that speak to situations your kids are facing. Pray over them.

04

Memorize meaningful verses together each month. Recite them at meals.

05

Listen to the Bible or your favorite recorded sermons in the car.

06

Study biblical themes together that apply to real life.

07

Reinforce Bible lessons learned at church.

**When kids see our faith come alive through interacting with Scripture, it shapes their values, wisdom, and worldview on a heart level. God's Word is active and powerful in their lives.**

## REFLECTION:

- What are creative ways I can engage my family with the Bible?
- Are there specific verses I want to meditate on and memorize this month?
- How can I apply God's Word more in my parenting?

# love and communication

**Open, honest communication is so important in a marriage and family. When we make sharing our hearts a priority amid the busyness of life, it draws us closer together. Here are some tips:**

01

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Set aside time each day to really talk and listen to your spouse without distractions.

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02

Pray together about decisions and hear each other's perspectives.

*"If two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven." Matthew 18:19*

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03

Be quick to apologize, forgive, and show grace in the face of conflict.

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04

Speak words of encouragement and appreciation to your spouse and kids daily.

*"Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone." Colossians 4:6*

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06

Share your feelings, both joys and upsets, so your family knows your heart.

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07

Unplug from phones and devices when together so you can really connect.

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**When our home is filled with open communication, understanding, and expressions of love, our family flourishes.**

## REFLECTION:

- What can I do to improve communication and listening in my family?
- Am I making time for meaningful connection with each person?
- Do my words build others up or tear them down

# balancing priorities

**As a wife and mother, I'm constantly juggling priorities. While not easy, I'm learning to embrace each season and find balance through intentionality and grace. Here are some things that help:**

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01

Keep God first. Protect time in prayer and Scripture.

*"But seek first his kingdom and his righteousness, and all these things will be given to you as well."*

*Matthew 6:33*

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02

Set realistic expectations for yourself and kids. Don't overcommit.

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03

Involve your husband and kids in chores/responsibilities. Share the load.

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04

Take advantage of hectic seasons to teach life skills/time management.

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06

Embrace simplicity. Don't feel pressure to do it all perfectly.

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07

Carve out one-on-one time with each child and your spouse.

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08

Take time for self-care through exercise, hobbies, etc.

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09

Have weekly family meetings to stay organized and on the same page.

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10

Remember every season is temporary. Make the most of the time.

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**With God's help we can steer our ships through life's busy currents while creating a peaceful, God-honoring home.**

## REFLECTION:

- What priorities need reevaluating in light of God's kingdom?
- Are there commitments I need to let go of?
- How can I involve family in sharing responsibilities?



# overcoming challenges

**Every family faces hardships that threaten to shake our foundations. As Christians, we can stand firm together through life's storms when we:**

01

Pray fervently as a family for God to redeem the situation.

*"Cast all your anxiety on him because he cares for you." 1 Peter 5:7*

02

Openly discuss issues and how you can face them as a team.

03

Forgive quickly and give each other grace under pressure.

04

Hold on to promises of God's sovereignty, goodness and unfailing love.

05

Look for the gifts God is building in you even amid pain - things like compassion, wisdom, and perseverance.

06

Refuse to let trials infect your home with bitterness, but meet them with hope.

07

Keep your roots deep in Scripture, worship and Christian fellowship.

**Hardship tests our foundations, but God's strength shines most in our weakness. We can come through stormy seasons closer and more in awe of our Savior.**

## REFLECTION:

- How can I prepare my family to handle inevitable trials when they come?
- What Scriptures bring me hope in difficult times?
- Do I need to ask forgiveness for bitterness in my heart?

# leaving a legacy of faith

**One of my greatest hopes as a mother is that my children will carry on a legacy of vibrant faith. Here are some thoughts:**

01

Share your personal faith stories. How did you come to know Jesus? What has He done in your life?

02

Talk openly about spiritual things with your kids. Answer their questions.

03

Let your kids see you living out your faith with courage and commitment.

04

Encourage them to build their own personal relationships with God.

05

Expose them to mentors and examples of other strong believers.

06

Instill in them kingdom values like selfless service and honor.

*"These commandments that I give you today are to be on your hearts. Impress them on your children."*

*Deuteronomy 6:6-7*

**Our example, our stories, and our steadfast love for God leaves an impression. If we plant the seeds of faith in their hearts, they can grow deep spiritual roots to guide them through life's storms.**

#### REFLECTION:

- How can I share my faith story with my kids this week?
- Who can I involve to mentor my children spiritually?
- What legacy do I want to leave behind for my family?

# a call to christian wives and mothers

As Christian wives and mothers, we have an extraordinary privilege to shape a home where the Lord's presence dwells. Though not always easy, nurturing love and cultivating an environment of faith blesses our families in profound, lasting ways. May we passionately pursue God in our own lives and homes. And may the light of Christ shine brightly through us to impact generations to come! Sisters, take heart. As we surrender our homes to the Father, He will bear fruit through our simple acts of love and service.

*Dear Lord,*

*Thank you for the gift of my family. I praise you for bringing us together to glorify your name. Empower me to fill my home with vibrant faith, compassion, and Christlike character. Give me wisdom, creativity, and discernment as I spiritually nurture my family.*

*May my home be a dwelling place for your presence. Help the seeds of faith planted in my family to take root and impact generations for your Kingdom.*

*I love you Lord and surrender my family to you. Fill me daily with your Holy Spirit. In Jesus' name. Amen.*

