

BY FAMILIA DE FE



BUILDING GODLY MEN

Guiding teen boys together with their fathers to embrace biblical manhood through courage, character, and leaving a Christ-centered legacy for the next generation.



ABOUT US

Hey Familia! Before diving into this Bible study, we want to introduce ourselves. We are John and Jani Pusic, a father and son from Familia De Fe.

Our family started Familia De Fe to encourage and inspire other followers of Jesus in their faith journeys. What began as our little family has grown into a wider community of believers we now call familia too!

You can connect with us online:

Instagram: [@familia_de_fe](#)

Facebook: [FamiliaDeFeCommunity](#)

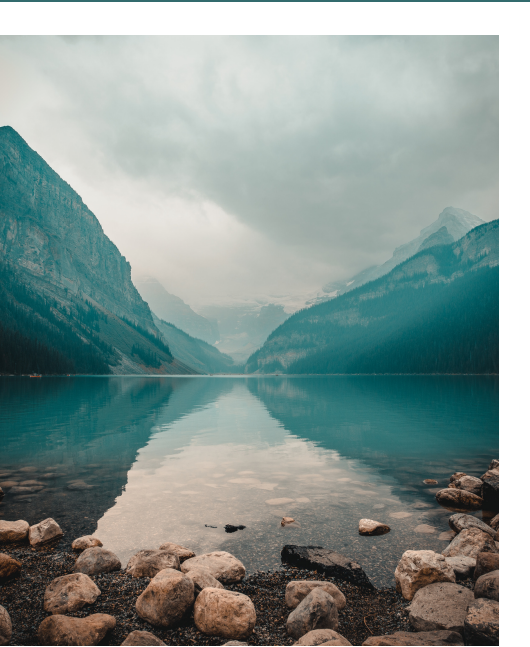
Website: www.heyfamiliadefe.com

That's where we share our desire to equip families, especially fathers and sons, to thrive. We wrote this Bible study and pray it will strengthen your own family. Our heart is to support you in cultivating courageous, Christ-centered men for the glory of God.

Well familia, thank you for joining us on this journey into godly manhood. Now let's explore together how we can instill biblical courage and leadership in the next generation. To God be the glory!

WELCOME

Table of contents



01

Biblical Manhood

02

Integrity

03

Anger Management

04

Courage

05

Legacy

06

Serving Others

07

Perserverance



biblical manhood

EXPLORATION VERSES:

- 1 Corinthians 16:13-14
- Ephesians 5:1-2
- 1 Timothy 4:12

In a culture offering distorted models of manhood, it's crucial for teen boys and fathers to reconnect to God's design and high calling for men. True masculinity begins by examining Jesus, the ultimate model of servant leadership, courage under fire, and sacrificial love. Authentic biblical manhood requires embracing roles of responsibility in family, church, and community as producers and defenders rather than passive consumers. This involves vigilance and care for others, discipline against indulgence, and building a righteous legacy. Both sons and fathers need to grapple with expressing Christlike strength, leadership, and fierce love.

QUESTIONS:

- What specific qualities make someone a "man of God" based on these passages?
- How did Christ model leadership, courage, and love during His life on earth?
- Why is it important for men to have godly mentors like Paul to learn from?

APPLICATION QUESTIONS:

- Take time this week to reflect on areas where you need to grow into biblical manhood. Set 1-2 specific goals.
- Have an honest conversation with your father or mentor about struggles and growth areas in godly masculinity. Seek wisdom.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: What example of courage and faith do you want to pass on to your son(s)?
- Sons: What leadership qualities do you see in your father that you hope to emulate?

biblical integrity

EXPLORATION VERSES:

- Proverbs 10:9
- Proverbs 11:3
- Proverbs 19:1

In a world where truth seems flexible, God calls men to live by a higher standard - being the same in public and private and adhering to principles despite pressure. Rather than situational ethics, the Bible compels integrity. Wise King Solomon wrote on the consequences of compromised character - dishonesty erodes trust and damages relationships. Godly men stand out by speaking truth, keeping promises, maintaining financial responsibility, and pursuing accountability for consistency.

QUESTIONS:

- What mindsets and heart conditions contribute to dishonest living according to these verses?
- Why does compromised integrity corrupt relationships, reputation and outcomes?
- What boundaries can guard integrity in finances, sexual purity, and other areas?

APPLICATION QUESTIONS:

- Identify any areas of compromised integrity. Confess these to God.
- Implement a practical plan for guarding integrity through accountability, boundaries, and wise financial practices.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: What example of integrity, or lack of, did your father set? How did it impact you?
- Sons: What areas of integrity do you see modeled well by your father that you hope to emulate?

anger management

EXPLORATION VERSES:

- Proverbs 29:11
- Ecclesiastes 7:9
- James 1:19-20

Men often battle anger when leadership or loved ones are threatened. But Scripture warns uncontrolled rage leads to foolish choices and damaged relationships. Godly men channel raw emotion into constructive outcomes, not destructive reactions. Wisdom urges sound judgement, not retaliation. Men wield influence through self-control, not hostile venting that perpetuates conflict.

QUESTIONS:

- Why do men struggle with anger management according to these verses?
- What guidance does Ecclesiastes give for preventing and defusing anger?
- How can empathy and identifying root issues help defuse anger?

APPLICATION QUESTIONS:

- Identify personal anger triggers. Brainstorm strategies to respond constructively.
- Apologize to loved ones hurt by past angry reactions. Seek accountability for growth.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: How did the way anger was modeled growing up, positively or negatively, impact you?
- Sons: When have you seen your father handle anger well? What did you learn?

biblical courage

EXPLORATION VERSES:

- Deuteronomy 31:6
- Joshua 1:9
- Esther 4:12-16

While often associated with heroic rescues, biblical courage encompasses resistance in adversity, willingness to stand alone for truth, confronting injustice, and reliance on God over circumstances. Scripture urges men towards bold leadership, defense, and action rooted in spiritual strength and conviction. As stewards and warriors, courage is needed to shepherd those under their care through difficulty.

QUESTIONS:

- Beyond physical valor, what inner qualities exemplify courage?
- How did Moses inspire courage in Joshua to lead after him? What was Joshua's secret?
- When did Esther exemplify bravery? When do men need that courage today?

APPLICATION QUESTIONS:

- Prayerfully examine areas of your life requiring more courage. Set 1-2 goals.
- Enlist an accountability partner to inspire bold leadership in each other.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: When have you modeled courage as family leader amidst trials?
- Sons: When have you seen your father's courage? How can you develop your own leadership voice?

Biblical Legacy

EXPLORATION VERSES:

- Psalm 78:1-7
- Proverbs 13:22
- 2 Timothy 2:2

While godly manhood focuses on the present, it also considers generational impact. Wise men steward influence in ways benefitting others long-term, setting in motion a righteous heritage. This requires bonding with sons, imparting wisdom, dedicating resources, and modeling essential values to continue a godly legacy. Whether through family investments or contributing to causes furthering God's Kingdom, men are tasked with equipping the next generation.

QUESTIONS:

- Why does Scripture emphasize passing on spiritual heritage to grandchildren?
- What intentional steps can men take to ensure the most meaningful parts of their legacy remain?
- Who has poured courage, skills and wisdom into your own life to pass forward?

APPLICATION QUESTIONS:

- Document important spiritual markers, family stories, and life lessons to pass on.
- Identify a young man to mentor in godly living.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: What aspects of your journey do you feel called to preserve for posterity?
- Sons: What inspires you about your father's life message and legacy to carry forward?

servicing others

EXPLORATION VERSES:

- Mark 10:45
- Matthew 20:25-28
- James 2:14-17

Godly masculinity manifests through actions showing Christlike care for others. Whether physical labor, material help, or relational support, nothing forges bonds between fathers and sons like serving together. When men leverage their capacities to provide and protect, it mirrors God's design for flourishing community.

QUESTIONS:

- What service needs do you see around you - in neighborhood, church, or city?
- What resources, skills or capacities can you offer to assist those lacking?
- How does serving together build understanding across generations?

APPLICATION QUESTIONS:

- Research local organizations and service opportunities to participate in together.
- Schedule and complete at least one service project this week.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: What service did you participate in growing up? How did it shape your compassion?
- Sons: What opportunities can you create to serve as a leader at school or in your neighborhood?

biblical perseverance

EXPLORATION VERSES:

- 2 Timothy 2:1-3
- 2 Timothy 4:7
- Hebrews 12:1-3

Sustaining courageous faith over decades requires more than emotion - it requires resilient perseverance through trials, steadied pace in ease, accountability to endure, and consistency in communicating with God. Scripture compels not short sprints but loyal lifelong marathons. Staying strong means enlisting encouragers to cheer each other on wholeheartedly.

QUESTIONS:

- Beyond a momentary spiritual high, what practical steps ensure finishing the faith race well?
- Why are endurance and standing firm despite fatigue emphasized regarding long-term belief?
- Who can you enlist as fellow soldiers to strengthen and cheer each other on?

APPLICATION QUESTIONS:

- Identify 1-2 habits or connections to prioritize to persevere through future challenges.
- Share stories of perseverance with a younger man to inspire endurance.

FATHER-SON DISCUSSION QUESTIONS:

- Fathers: What sustained your faith through early struggles and later challenges?
- Sons: What examples of perseverance through trials have you modeled that I can learn from?

staying strong in B i b l i c a l M a n h o o d

Thank you for joining us on this journey of exploring biblical manhood together as fathers and sons!

We pray this in-depth study has nurtured courageous leadership, Christlike character, and spiritual vitality in your lives. Our desire through these lessons, discussions and shared experiences was to instill godly wisdom that will carry you through the years ahead.

Remember, true masculinity is found in the sacrificial love of Jesus. As you walk with Him daily, allow the Holy Spirit to continually transform you into His image and empower you to fulfill your calling. We hope the principles and practices you've implemented during this study will become lifelong habits of integrity.

To all the fathers - thank you for stepping up to guide the next generation of godly men. The investment you make now will reap eternal dividends. Sons, thank you for humbly learning from your fathers while still charting your own path.

We pray this Bible study was just the beginning. Our journey of biblical manhood is a lifelong adventure. Let's continue to hold each other accountable, cheer each other on, and live out the courageous leadership God has called us to.

We are proud of you all! Together, let's keep pursuing Christlike legacy. The best is yet to come.

Blessings,
John & Jani Pusic

